



**Office of Attorney General  
Terry Goddard  
Child and Family  
Protection Division**

# Seniors

**A guide to:**

- **Government Resources**
- **Health Information**
- **Housing Information**
- **Consumer Protection**
- **Legal Services**
- **Community Based and Specialty Programs**
- **Advocacy Groups**
- **Employment and Volunteer Opportunities**
- **Internet Sites for Seniors**

**Part ONE  
Social Security and Medicare**

**Social Security Administration**

**1-800-772-1213**

Medicare Program General Information

1-800-MEDICARE 1-800-633-4227

Social Security Online - Official Website

[www.ssa.gov/](http://www.ssa.gov/)

Social Security Online for Women

[www.ssa.gov/women/](http://www.ssa.gov/women/)

People have choices once enrolled in Medicare.

For help in understanding Medicare options

contact the **State Health Insurance Assistance**

**Program (SHIP) Hotline 1-800-432-4040**

**Supplemental Security Income (SSI)**

assures a minimum monthly income to people with limited resources and income, who are 65, blind or disabled. Eligibility is based on income and assets. **1-800-772-1213**

**The Arizona Health Care Cost Containment System (AHCCCS)** is Arizona's version of Medicaid. Other states have Medicaid programs with different names. Eligibility requirements must be met to enroll.

**(602) 417-4000**

**1-888-308-6516**

**AHCCCS Premium Sharing Program** is for people who can't purchase health insurance or qualify for Medicare or AHCCCS health benefits. People may be able to pay a premium to receive AHCCCS health benefits.

**(602) 417-6755**

**1-888-308-6516**

**Medicare Cost Sharing Programs** can assist in paying for Medicare costs. Eligibility and benefit level is based on income. To apply call **1-800-654-8713**

**Senior Medicare Patrols, U.S.**

**Administration on Aging** - informs and trains senior volunteers to become better health care consumers. [www.aoa.gov/smp/index.asp](http://www.aoa.gov/smp/index.asp)

**Medicare Rights Center –**

[www.medicarerights.org](http://www.medicarerights.org)

**Part TWO**  
**Government Resources for Seniors**  
**Department of Economic Security**  
**Aging and Adult Administration**

Adult Protective Services  
24-hour toll-free hotline  
**1-877-SOS-ADULT (1-877-767-2385)**  
TDD: 1-877-815-8390  
[www.de.state.az.us/links/aaa/aps.asp](http://www.de.state.az.us/links/aaa/aps.asp)

**Office of the Attorney General**

Elder Affairs Program (602) 542-2124  
Sun City Office (623) 876-0174  
(open Wed.&Thurs. fall&winter months)  
East Valley Office (480) 962-5612  
(open Wed.only 9:00 a.m.- noon)  
East Valley Office (480) 218-2221  
(open Tuesday only 9:00 a.m. to noon)  
[www.ag.state.az.us/seniors/index.html](http://www.ag.state.az.us/seniors/index.html)

**Office of Attorney General**  
**Terry Goddard**  
**Life Care Planning**

Offers forms, instructions and information to help people make decisions now about their future health and financial affairs. The following forms and instructions can be downloaded:

1. Durable Health Care Power of Attorney
  2. Living Will
  3. Pre-Hospital Medical Directive
  4. Durable Mental Health Care Power of Attorney
  5. Letter to My Agent (Representative)
- (602) 542-2124**

[www.ag.state.az.us](http://www.ag.state.az.us)

**Long Term Care Ombudsman**

A Department of Economic Security (DES) Aging and Adult Administration program to identify, investigate and resolve complaints made by or on behalf of long term care facility residents (602) 542-4446  
[www.de.state.az.us/links/aaa/ombudsman.asp](http://www.de.state.az.us/links/aaa/ombudsman.asp)

**Food Stamps** can help low-income seniors. Applications are available at DES Offices. For a location near you call **1-800-352-8401**

**Utility Assistance** programs help income-qualifying individuals. For information call DES **1-800-353-4088**

**Important Phone Numbers**

Administration on Aging, US Department of Health & Human Services (202) 619-7501  
AZ Dept. of Banking 1-800-544-0708  
AZ Dept. of Economic Security Aging & Adult Administration (602) 542-4446  
AZ Dept. of Health Services Older Adult Health Section (602) 542-0343  
AZ Dept. of Insurance Consumer Information 1-800-325-2548

AZ Dept. of Veterans Services 1-800-852-VETS  
AZ Long Term Care System (602) 417-6200  
AZ Pioneers' Home (928) 445-2181  
Governor's Advisory Council on Aging (602) 542-4710

U.S. Department of State – passport services and information

[http://travel.state.gov/passport\\_services.html](http://travel.state.gov/passport_services.html)

Veterans' Affairs Medical Center  
Phoenix (602) 277-5551  
Prescott (928) 445-4860  
Tucson (520) 792-1450

**Benefits CheckUp**

A free, easy-to-use service that identifies federal and state assistance programs for older Americans from the National Council on the Aging. It does not require personal information & is completely confidential.

[www.benefitscheckup.org/](http://www.benefitscheckup.org/)

**Regional Area Agencies on Aging**

offices have been designated by the State to carry out the Older Americans Act at the local level.

Region 1-Maricopa (602) 264-2255  
1-888-264-2258  
Region 2-Pima (520) 790-7262  
Region 3-Apache, Coconino, Navajo & Yavapai (928) 774-1895  
Region 4-La Paz, Mohave & Yuma (928) 782-1886  
1-800-782-1886

Region 5-Gila & Pinal (520) 836-2758  
 1-800-293-9393  
 Region 6-Cochise, Graham, Greenlee & Santa Cruz (520) 432-5301  
 Region 7- The Navajo Nation (928) 871-6868  
 Region 8-InterTribal Council (602) 248-0071  
[www.aaaphx.org](http://www.aaaphx.org)

**Area Agency on Aging**  
 24-hour Senior HELP LINE  
 in English & Spanish  
**(602) 264-HELP**  
**1-888-264-2258**  
**TTY/TDD (602) 6110**

**Call the Senior HELP LINE for information on these programs:**

**Senior Adult Independent Living (SAIL) Program** - provides services to older and disabled adults.

**HIV Care Directions** – case management program to serve people living with HIV.

**Caregiver Respite** – connects qualified caregivers with a trained, skilled professional for regular and emergency respite care.

**Part Three**  
**Consumer Protection and**  
**Legal Services for Seniors**

American Bar Association Commission on the Legal Problems of the Elderly  
[www.abanet.org/](http://www.abanet.org/) (202) 662-8690  
 AZ. Attorney General Elder Affairs

(602) 542-2154  
 AZ Center for Disability Law (602) 274-6287  
 AZ Modest Means Project (602) 266-2322  
 AZ Sr. Citizen's Law Project (602) 252-6710  
 AZ Veterans Service Comm. (602) 257-8987  
 Black Elderly Legal Assistance Support Project, National Bar Association  
[www.nationalbar.org/](http://www.nationalbar.org/) (202) 842-3900  
 Community Legal Services (602) 258-3434  
 Dept. of Economic Security Aging and Adult Administration Legal Services

(602) 542-4446  
[www.de.state.az.us/links/aaa/legal.asp](http://www.de.state.az.us/links/aaa/legal.asp)  
 Elder Law Hotline 1-800-231-5441  
 Self Service Center (602) 506-7353

Senior Law - information on elder law and rights of the elderly [www.seniorlaw.com/](http://www.seniorlaw.com/)  
 AZ Attorney General Consumer Fraud Customer Complaints Division

Phoenix (602) 542-5763  
 Tucson (520) 628-6504  
 Greater AZ 1-800-352-8431  
 Arizona Telemarketing Task Force

1-800-279-8300  
 Better Business Bureau 1-877-291-6222  
 Consumer's Union – nonprofit publisher of Consumer Reports [www.consumersunion.org/](http://www.consumersunion.org/)  
 Consumer World – a public service, non-commercial guide of over 2000 consumer resources – [www.consumerworld.org/](http://www.consumerworld.org/)  
 The Federal Trade Commission has brochures on over 125 consumer protection seniors' issues. You can also file a complaint online.

1-877-FTC-HELP  
[www.ftc.gov/bcp/menu-seniors.htm](http://www.ftc.gov/bcp/menu-seniors.htm)  
 National Fraud Information Center  
[www.fraud.org/](http://www.fraud.org/) 1-800-876-7060

**The Resource Directory for Older People**  
 Information and resources relating to the needs of older people from the Administration on Aging and National Institute on Aging.  
**1-800-222-2225 TTY 1-800-222-4225**  
[www.aoa.gov/directory/default.htm](http://www.aoa.gov/directory/default.htm)

**Part Four**  
**Health Information**

**Key AZ. Department of Health Services**  
**Offices and Programs**

Aging Nutrition (602) 542-4446  
 Arthritis Program (602) 542-7539  
 Assurance & Licensure (602) 674-4340  
 Asthma Control (602) 542-7200  
 Emergency Medical Services (602) 861-0708  
 Prevention&Health Promotion (602) 542-7200  
[www.hs.state.az.us/site\\_dir.htm](http://www.hs.state.az.us/site_dir.htm)

**U.S. Dept. of Health & Human Services**  
**National Institutes of Health**  
**Toll-Free Information Lines**

Aging 1-800-222-2225  
 (TTY) 1-800-222-4225  
 Alzheimers 1-800-438-4380  
 (TTY) 1-800-222-4225

Arthritis 1-877-226-4267  
 Cancer 1-800-4CANCER  
 (TTY) 1-800-332-8615  
 Deafness 1-800-241-1044  
 (TTY) 1-800-241-1055  
 Depression 1-800-421-4211  
 Diabetes 1-800-860-8747  
 Heart,Lung & Blood 1-800-575-WELL  
 Kidney & Urologic 1-800-891-5390  
 National Library of Medicine  
 1-888-346-3656  
 Osteoporosis 1-800-624-BONE  
[www.nih.gov/health/infoline.htm](http://www.nih.gov/health/infoline.htm)  
 Amer. Cancer Society 1-800-227-2345  
[www.cancer.org/state/az](http://www.cancer.org/state/az)  
 Amer. Diabetes Assoc. 1-800-DIABETES  
[www.diabetes.org/adaAZ](http://www.diabetes.org/adaAZ)  
 Amer. Liver Foundation 1-800-465-4837  
[www.liverfoundation.org](http://www.liverfoundation.org)  
 Amercian Lung Association of AZ  
[www.lungaz.org](http://www.lungaz.org) (602) 258-7507  
 American Parkinson Disease Assoc.  
[www.azapda.org](http://www.azapda.org) 1-800-541-4960  
 Amyotrophic Lateral Sclerosis (ALS)  
[www.alsaz.org](http://www.alsaz.org) (480) 609-3888  
 AZ Alzheimer's Assoc.  
[www.alzaz.org](http://www.alzaz.org) 1-800-392-0022  
 AZ Center for the Blind and Visually Impaired  
 (602) 273-7411  
 AZ Commission for the Deaf and Hard of  
 Hearing (602) 542-3323  
[www.state.az.us/achi](http://www.state.az.us/achi)  
 AZ Geriatrics Society (623) 974-4212  
[www.arizonageriatrics.org](http://www.arizonageriatrics.org)  
 AZ Kidney Foundation (602) 840-1644  
[www.azkidney.org](http://www.azkidney.org)  
 Arthritis Foundation 1-800-477-7679  
[www.arthritis.org/](http://www.arthritis.org/)  
 Crohn's & Colitis Foundation of America  
[www.ccfa.org](http://www.ccfa.org) 1-800-582-1460  
 Leukemia & Lymphoma Society  
 1-800-568-1372  
[www.lukemia.org/Desert\\_Mnt](http://www.lukemia.org/Desert_Mnt)  
 Lupus Foundation 1-800-30-LUPUS  
 Macular Degeneration International  
 1-800-393-7634  
 Mental Health Association of AZ  
[www.mhaaz.com](http://www.mhaaz.com) 1-800-642-9277  
 National Stroke Association  
[www.stroke.org](http://www.stroke.org) 1-800-STROKES

Parkinson Research Center  
[www.thebni.com](http://www.thebni.com) 1-800-273-8182  
*(National toll-free numbers can refer you to  
 local organizations and services)*

**Adult Day Health Care** facilities provide care  
 and supervised activities during the day for  
 seniors at Centers licensed by the AZ Dept. of  
 Health Services. Call the Area Agency on  
 Aging for locations across Arizona.

**FDA Information for Older People** –  
 information for older people on a wide range of  
 health issues. Selected publications are also in  
 Spanish

[www.fda.gov/oc/olderpersons/](http://www.fda.gov/oc/olderpersons/)

**Healthfinder** – a guide to reliable health  
 information – [www.healthfinder.gov](http://www.healthfinder.gov)

**People's Medical Society** – a nonprofit  
 organization to educate seniors about health  
 care and medical rights - [www.peoplesmed.org](http://www.peoplesmed.org)

**Physician Profiles**, AZ Board of Medical  
 Examiners 1-877-255-2212  
[www.docboard.org/az/df/azsearch.htm](http://www.docboard.org/az/df/azsearch.htm)

### Part Five Housing Information and Resources

AZ Association of Homes and Housing for the  
 Aging (602) 230-0026

AZ Bridge to Independent Living  
[www.abil.org](http://www.abil.org) 1-800-280-2245

AZ Dept. of Commerce Community Profiles  
 (602) 280-1300

[www.commerce.state.az.us/publications/comm  
 unity\\_profiles.htm](http://www.commerce.state.az.us/publications/community_profiles.htm)

AZ Fair Housing Center (602) 548-1599

AZ State Registrar of Contractors  
[www.rc.state.az.us](http://www.rc.state.az.us) 1-888-271-9286

Kivel Campus of Care (602) 956-0150

Senior Resource Network (520) 795-7480

Shared Living for the Elderly (480) 921-0134

CareScout – search for assisted living facilities,  
 home health agencies and hospice agencies –

[www.carescout.com/](http://www.carescout.com/)

Eldercare Locator 1-800-677-1166

[www.aoa.dhhs.gov/elderpage/locator.html](http://www.aoa.dhhs.gov/elderpage/locator.html)

Elder Living -senior communities, assisted  
 living centers, nursing centers

[www.elderliving.com/](http://www.elderliving.com/)

**Elder Living in Arizona** - adult day care, assisted-living centers, senior and nursing centers [www.adultdaycare.com/](http://www.adultdaycare.com/)

**Family Caregiver Alliance** – information resource on long-term care [www.caregiver.org/](http://www.caregiver.org/)

**New Lifestyles Online** – senior living and care options, online tours of facilities – [www.newlifestyles.com/](http://www.newlifestyles.com/)

**Two's Company** - homeshare locating, screening and referral program specializing in seniors [www.toozcompnay.com/](http://www.toozcompnay.com/)

**Nursing Home Checklist** from Medicare Detailed checklist for rating nursing homes and how to use the information [www.medicare.gov/Nursing/Overview.asp](http://www.medicare.gov/Nursing/Overview.asp)

**Senior Citizens-HUD** – [www.hud.gov/groups/seniors.crm](http://www.hud.gov/groups/seniors.crm)

**Senior Housing Net** – retirement communities, assisted living, Alzheimer's facilities and nursing homes nationwide [www.seniorhousing.net](http://www.seniorhousing.net)

**U.S. Housing Urban Development (HUD) Section 202 Housing** is senior citizen housing, usually with supportive services. Contact your local housing authority or your Area Agency on Aging for a list of complexes in your area.  
HUD (602) 379-4461

**LIFELINE**, a program of Community Information and Referral, provides increased security and independence for seniors via communication devices. Fees vary.  
**(602) 263-8845**

**Nursing Homes** in Arizona are licensed by the Department of Health Services.  
(602) 674-9705

**Active Senior Living Guide** and **Senior Care Center Guide** are free and available at many locations (480) 595-7222  
[www.azseniors.com](http://www.azseniors.com)

**Part Six**  
**Community Based and Specialized Services**  
**For Seniors**

## **Senior Centers & Adult Centers**

Activities, information, referral services, lunchtime meals and other programs to help older persons remain active.

Ajo	(520) 387-5040
Ahwatukee	(480) 893-6835
Avondale	(623) 932-9440
Buckeye	(623) 386-2588
Bullhead City	(928) 758-0718
Cashion	(623) 936-9766
Chandler	(480) 782-2720
Deer Valley	(602) 495-3714
El Mirage	(623) 937-0500
Fountain Hills	(480) 816-5888
Gila Bend	(520) 683-2244
Gilbert	(480) 892-9898
Glendale	(623) 960-2196
Glendale-NW Center	(623) 262-4791
Glendale_YWCA	(623) 931-7436
Green Valley	(520) 399-2136
Guadalupe	(480) 730-3092
Kingman	(928) 757-8150
Lake Havasu	(928) 453-0715
Marana	(520) 682-3324
Mesa	(480) 962-5612
Mesa-East	(480) 218-2221
New River	(623) 465-0367
Paradise Valley	(602) 495-3785
Peoria	(623) 979-3911
Phoenix-CPLA	(602) 272-0054
Phoenix-Chinese Ctr.	(602) 262-6411
Phoenix-Desert West	(602) 495-3711
Phoenix-East Center	(602) 262-7305
Phoenix-Jewish Comm.	(602) 242-1999
Phoenix-Laura Danelli	(602) 251-2007
Phoenix-Los Olivos	(602) 256-3130
Phoenix-Luke Krohn	(602) 262-6835
Phoenix-Manzanita	(602) 262-4949
Phoenix-MarcosDeNiza	(602) 262-7249
Phoenix-McDowell	(602) 262-1842
Phoenix-Santa Rosa	(602) 242-2258
Phoenix-Shadow Mtn.	(602) 534-2303
Phoenix-Squaw Peak	(602) 262-7807
Phoenix-South Mtn.	(602) 262-4097
Phoenix-Washington	(602) 262-6971
Phoenix-West Center	(602) 262-6610
Phoenix-Westside	(602) 262-1609
Scottsdale-Civic Center	(480) 312-2375
Scottsdale-Via Linda	(480) 312-5810
Sun City-Olive Branch	(623) 974-6797



Sunnyslope (602) 262-7572  
 Tempe-Concord (480) 990-1875  
 Tempe-Escalante (480) 350-5870  
 Tempe-Pyle Adult (480) 350-5211  
 Tolleson (623) 936-1900  
 Topock (928) 768-2421  
 Tucson-Archer (520) 791-4355  
 Tucson-Armory Park (520) 791-4070  
 Tucson-Eastside (520) 296-4816  
 Tucson-El Pueblo (520) 889-0928  
 Tucson-El Rio (520) 624-5313  
 Tucson-Jacobs (520) 791-4355  
 Tucson-Northwest (520) 791-3249  
 Tucson-Quincie (520) 791-2507  
 Tucson-Richey (520) 795-9671  
 Wickenburg (520) 684-7894  
 Wittman (623) 388-2683

Arizona Senior Center Association, Inc.

[www.arizonaseniors.net/](http://www.arizonaseniors.net/)

Older & Wiser Senior Centers

[www.olderandwiser.com/centers.html](http://www.olderandwiser.com/centers.html)

Arizona Senior World Newspaper

[www.worldwideseniors.com](http://www.worldwideseniors.com) (602) 438-1566

Elderhostel - non-profit educational and travel organization for adults 55 and over-

[www.elderhostel.org/](http://www.elderhostel.org/)

Volunteer Income Tax Assistance for Elderly

(602) 207-8618

### **Companion Animals**

AZ Animal Welfare League (602) 273-6852

AZ Humane Society (602) 997-7585

Companion Animals (602) 258-3306

Handi-Dogs – training dogs to assist older adults (520) 326-3412

### **Dial-A-Ride**

Dial-A-Ride provides transportation for those who are unable to access local bus service.

East Valley (480) 633-0101

El Mirage (623) 937-0500

Glendale (623) 930-3500

Guadalupe (480) 336-6699

Maricopa County (602) 336-6699

Miami (928) 473-4403

Paradise Valley (602) 257-0338

Peoria (623) 773-7435

Phoenix (602) 253-4000

Sun City (623) 977-8363

Surprise (623) 583-8979

Tucson (520) 620-1234

Yuma (928) 539-7076

**Disability License Plates, Motor Vehicle**

Division (602) 255-0072

### **Part Seven**

#### **Advocacy Groups and Organizations**

AARP AZ State Office (602) 256-2928

Administration of Resources and Choices

(602) 241-6169

AZ Community Action Assoc.

[www.azcaa.org](http://www.azcaa.org) (602) 604-0644

Elder Care and Life Cycle Resources,

University of AZ (520) 621-9870

Elder Craftsmen (212) 319-8128

[www.eldercraftsmen.org](http://www.eldercraftsmen.org)

Foundation for Senior Living (602) 285-1800

Gray Panthers 1-800-280-5362

[www.graypanthers.org](http://www.graypanthers.org)

Gerontological Society of America

[www.geron.org](http://www.geron.org) (202) 842-1275

National Asian Pacific Center on Aging

[www.napca.org](http://www.napca.org) (206) 624-1221

National Association for Hispanic Elderly

(213) 487-1922

National Caucus and Center on Black Aged, Inc.

(202) 637-8400

National Council of Senior Citizens

[www.ncscinc.org](http://www.ncscinc.org) (301) 578-8800

National Hispanic Council on Aging

[www.incacorp.com/nhcoa](http://www.incacorp.com/nhcoa) (202) 265-1288

National Interfaith Coalition on Aging

[www.ncoa.org](http://www.ncoa.org) (202) 479-1200

National Indian Council on Aging

[www.nicoa.org](http://www.nicoa.org)

National Institution on Aging

[www.nih.gov/nia/](http://www.nih.gov/nia/) (301) 496-1752

National Resource Center on Native American Aging

1-800-896-7628

[www.und.nodak.edu/dept/nrcnaa](http://www.und.nodak.edu/dept/nrcnaa)

Native American Sr. Org. (602) 279-5262x227

Older Women's League (202) 783-6686

### **Part Eight**

#### **Employment and Volunteer Opportunities for Seniors**

Age Works, Area Agency on Aging

(602) 264-4357

Aging & Adult Administration, DES

(602) 542-4446

Center for New Direction (602) 252-0918  
 Older Workers Program/City of Phoenix (602) 256-3358  
 Native American Sr. Org. (602) 279-5262x227  
 Plus 50 Placement Center  
 Glendale (623) 486-3373  
 Mesa (480) 218-2221  
 Phoenix (602) 246-0260  
 Tempe (480) 350-5885  
 Scottsdale (623) 486-3373

**AARP Working Options** - career changes, job search, discrimination, self-employment  
[www.aarp.org/working\\_options/home.html](http://www.aarp.org/working_options/home.html)

**Foster Grandparent Program** - DES program provides men and women who are at least 60 years old and on a limited income with an opportunity to work with children/youth with exceptional and special needs  
 (602) 542-4446 (520) 723-1261

Green Thumb, Inc. - national non-profit organization focuses on older worker training, employment and community service  
[www.greenthumb.org/](http://www.greenthumb.org/)

Go 60 - internet resources for seniors, older worker issues, employment of seniors -  
[www.go60.com/](http://www.go60.com/)

Senior Community Service Employment Program (SCSEP) - US Dept. of Labor part-time employment program for low-income persons age 55 or over  
<http://wdsc.doleta.gov/seniors/>

The SCSEP in Arizona is administered by the Department of Economic Security Aging and Adult Administration (602) 542-4446  
[www.de.state.az.us/links/aaa/owp.asp](http://www.de.state.az.us/links/aaa/owp.asp)

Senior Job Bank - a non-profit referral service with links for seniors  
[www.seniorjobbank.com/](http://www.seniorjobbank.com/)

#### **Retired Senior Volunteer Program (RSVP)**

East Valley (480) 775-1466  
 Gila- (928) 689-5004  
 Maricopa (602) 264-2255  
 Northern AZ (928) 523-6585  
 Southeastern AZ (520) 384-0665  
 Tucson (520) 790-7262  
 Western AZ (928) 782-1886

#### **Silver Haired Legislature**

Non-partisan legislature holds an annual session to present, debate and vote on various issues. Up to three legislators from each of 30 districts, at least 60 years of age, will be elected to serve two-year terms. To participate call Area Agency on Aging, Region One at (602) 264-2255 or 1-888-783-7500

AZ Senior Olympics (602) 495-5490  
[www.seniorgames.org](http://www.seniorgames.org)  
 Seniors Helping Seniors (602) 331-3020  
 Volunteer Interfaith Caregivers (602) 285-0543

#### **Part NINE Life's Transitions**

##### **Grandparents Raising Grandchildren**

AARP Grandparent Information Center  
 (202) 434-2296  
[www.aarp.org/grandparents](http://www.aarp.org/grandparents)

Beatitudes Center Developing Older Adult Resources (602) 274-5022  
[www.centerdoar.org](http://www.centerdoar.org)

DES Family Assistance Administration  
 (602) 542-9935  
 1-800-353-8401  
 Generations United (202) 638-1263  
[www.gu.org](http://www.gu.org)

Grandparents Raising Grandchildren,  
 U of A Cooperative Extension  
 (602) 470-8086 x 356  
 Grandparents United for Children's Rights Inc.  
 (608) 236-0480

Grands Place –state by state resource map –  
[www.grandsplace.com/](http://www.grandsplace.com/)  
 Grandparents - enriching the lives of grandparents and grandchildren  
[www.igrandparents.com/](http://www.igrandparents.com/)

#### **Hospice**

Hospice is for patients who have a terminal illness and have decided to shift the focus of care from cure to comfort.

Banner Hospice Care 1-800-293-6989  
 Casa de la Luz Hospice (Tucson)  
 (520) 544-9890  
 Carondelet Hospice (Tucson) (520) 620-5742  
 Dignita Hospice (Phoenix) (602) 279-0677  
 Dignita Hospice (Tucson) (520) 293-0050  
 Highway Christian Hospice (Maricopa)

(602) 274-1952  
 Hospice Family Care (480) 461-3144  
 Hospice Family Care(Sun City) (623) 876-9100  
 Hospice Family Care (Mesa) (480) 461-9711  
 Hospice of Arizona (Maricopa) (602) 678-1313  
 Hospice of Havasu (928) 692-4680  
 Hospice of the Valley (602) 530-6900  
 Northern Arizona Hospice (928) 773-2244  
 Northland Hospice (928) 779-1227  
 Odyssey Hospice (Maricopa) (602) 279-0677  
 RTA Hospice (Payson) (928) 472-6340  
 RTA Hospice (Casa Grande) (520) 421-7143  
 RTA Hospice (Phx.) (602) 712-1000  
 Casa de la Paz Hospice (Sierra Vista)  
 (520) 417-3080  
 Sun Health Hospice (Maricopa)(623) 815-2800  
 Trinity Hospice (Maricopa) (602) 351-2233  
 Tucson Medical Center Hospice  
 (520) 324-2438  
 Vista Care Hospice (Phoenix) (602) 648-6911  
 Western Regional Medical Center Hospice  
 (Bullhead City) (928) 763-6979  
 Yavapai Regional MC Hospice (928) 759-5900

### **Part TEN** **Internet Sites for Seniors**

AgeNet – consumer information for seniors and caregivers [www.agenet.com/](http://www.agenet.com/)  
 Alliance for Retired Americans – a way for retired union members to make their voice heard – [www.retiredamericans.org/](http://www.retiredamericans.org/)  
 Double Nickels 55 – electronic magazine for active adults [www.doublenickels.com/](http://www.doublenickels.com/)  
 ElderWeb – News, directories, calendars, timely information, special reports – [www.elderweb.com/](http://www.elderweb.com/)  
 50 Plus – information on exercise and fitness while aging- [www.50plus.org/pages/directory.htm](http://www.50plus.org/pages/directory.htm)  
 FirstGov for Seniors – Maintained by Social Security Administration, news, links to federal portals and agencies – [www.seniors.gov/](http://www.seniors.gov/)  
 Friendly4Seniors - database of over 2000 senior related listings [www.friendly4seniors.com/](http://www.friendly4seniors.com/)  
 Golden Fifty - informative resource for individuals age 50 plus [www.goldenfifty.com/](http://www.goldenfifty.com/)  
 Loving Care – for seniors and their care givers – [www.lovingcare.net/](http://www.lovingcare.net/)

MatureLogic – for the 50+ Internet user – [www.maturelogic.com/](http://www.maturelogic.com/)  
 Multicultural Aging Network - a constituent Group of the American Society on Aging [www.asaging.org/networks/diversity/manhome.cfm](http://www.asaging.org/networks/diversity/manhome.cfm)  
 National Aging Information Center – from the Administration on Aging [www.aoa.dhhs.gov/naic/default.htm](http://www.aoa.dhhs.gov/naic/default.htm)  
 National Council of Women’s Organizations Women and Social Security Project – nonpartisan network of over 100 women’s organizations – [www.women4socialsecurity.org/](http://www.women4socialsecurity.org/)  
 Online 96 – senior citizen resources on the Internet – [www.online96.com/seniors/](http://www.online96.com/seniors/)  
 Senior Net – non-profit resource for adults 50+ on education and computer technology – [www.seniornet.com/](http://www.seniornet.com/)  
 Seniors Search - finance, health, travel and Senior's Scam Bulletins [www.seniorssearch.com/](http://www.seniorssearch.com/)  
 Senior Something - guide to sites for seniors [www.seniorsomething.com/](http://www.seniorsomething.com/)  
 Senior Women Web – Culture, arts, home, shopping, money, news & issues - [www.seniorwomen.com/](http://www.seniorwomen.com/)  
 Suddenly Senior - links to the 111 best senior sites, changed weekly [www.suddenlysenior.com/links.html](http://www.suddenlysenior.com/links.html)  
 Third Age – News, activities, health, travel, style for seniors – [www.thirdage.com/](http://www.thirdage.com/)  
 Todays Seniors –News and information for seniors – [www.todaysseniors.com](http://www.todaysseniors.com)  
 Wired Seniors – Senior Citizen resource center with over 5,000 links [www.wiredseniors.com/](http://www.wiredseniors.com/)

The Office of the Attorney General does not endorse the external Web sites, commercial products or services listed above. The Office of the Attorney General does not accept responsibility for the information contained within the web sites nor does it maintain/monitor these sites.

**Office of Attorney General**  
**Terry Goddard**  
**Child and Family Protection Division**  
 March 2002

The information in this guide was current in October 2001. Phone numbers and information may change. Consult the phone book, Internet search engines or other sources for the information you need.